



Newsletter

Issue No. 19 2022

From the trustees:

Life is returning to normal after the covid pandemic and we, the trustees of BEHT, are ever so thankful to all the donors who have and are supporting our Education & Health causes in India. Thousands of children and people are benefitting from your donations towards the education & health projects. In year 2021 – 22, BEHT raised ₹203,623 and donated ₹154,358 towards the various projects. THANK YOU!



Education news after Covid pandemic:

All the schools are now running back to normal. Generally, the students have lost two years of education. Even though our organisation tried to supply teaching online, many students did not benefit due to various issues like not having good network connection, working from a small mobile phone display and not having the support and encouragement from the teachers. Our teachers have reported that they are having to do extra classes to bring the students up to speed.

New Project:

Our organisation in India, BET has been awarded a prestigious army school project for 1200 children by the Government. The Government is awarding one army school per state and BET was selected out of many other organisations in Gujarat. Construction of a new school & boarding house buildings are in hand.



Gir Forest schools' development project:

This project started in 2021 to renovate existing schools or build new ones if required in 25 villages (Ness) in the Gir Sanctuary. This project is almost completed and you can access the report here: <https://drive.google.com/file/d/1LLK N0rL8WIWERnkHTEu0UAaw4jHW0g CY/view?usp=sharing>



About five hundred children living in this sanctuary will benefit from this development. Also, BET in India will educate 50 children from this sanctuary who want to study further in our Brahmanand Vidya School in Chaparda every year free of charge.

Nursing College:

Nursing college in Chaparda is becoming a big success story. The college has developed over the last few years and is now running 3 main courses with about 150 – 200 students. Every year, about 60 nurses, male & female, get qualified and they enter the job market – into Government hospitals, private hospitals and surgeries, homecare placements etc. There are plans to add more nursing related courses to this college as there is a huge demand for nursing staff.



Health news:

Our Jay Ambe Hospital in Chaparda has just been awarded the Global Healthcare Excellence Award chosen out of many hundreds of hospitals nationwide for its excellent work in the rural area.



Our very first batch student, Sanjay Vaghasia, who studied in Brahmanand Vidya Mandir from 2001, is the CEO of this hospital and he will be going to Delhi to collect this award presented by Sunil Gavaskar. Under his leadership, he has made many significant improvements in running of the hospital. Firstly, he has brought in a younger and more dynamic staff of doctors and nurses who are treating about 750 patients daily. Also, the hospital is working towards a national standard to bring it in line with main city hospitals.

Recent new developments have been an addition of a Dialysis centre with 5 machines to treat kidney patients. As the demand for dialysis treatment is high in this area, there are plans to add a further seven machines in the future.



Also, construction work is in progress to build four modular operation theatres to an international standard which will be able to operate on cardiac, cancer, neuro, organ replacement surgeries in the near future.



Inspiration behind BEHT

The inspiration behind BEHT is Pujya Muktanandji, fondly known as Bapu, who lives in Chaparda. Through deep meditation, Pujya Muktanandji has come to his own conclusion that there are two main purposes in life:

1. **'Swaha ma lin rehewu'** - be aware of your real self all the time, understand who you are and learn to be truly free (Mukti).
2. **'Jiv Shrusti ne faida thai teva kaariya karva ane karava, nirmal, sahaj ane shakshi bhawe'** - our purpose in life should be to purely, naturally and selflessly undertake work to benefit all life forms and encourage others to do the same.



Ease the pain of the down-trodden,

પીડિતોને રાહત આપો

Help those who have fallen down,

પડેલાને ઊભા કરો

Help those who are standing to move forward,

ઊભેલાને ગતિ આપો;

Help those who are moving forward to seek the right direction.

ગતિવાનને સાચી દિશા આપો

Our Objectives:

- 1 **To provide education**
- 2 **To provide relief to the poor, the handicapped, the disabled, the sick and the elderly.**
- 3 **To provide relief to victims of disaster**

(*All within the area of benefit of India.)



About the Trustees:



Ajay Gudka MBE initiated this charity after having met and spent time with Pujya Muktanandji in 1995. He is passionate about helping the disadvantaged and works tirelessly towards this end. He is also a trustee of Bhagvatinandji Education Trust (BET), Health Aid Trust (HAT), Help the Elderly Trust (HTET), all in India and he is a company director of a print business. Contact details: Tel: 020 8428 7287 (evenings), E-mail: ajay@beht.org



Vipul Malde is a retired Chartered Accountant. Vipul looks after BEHT's financial matters. Contact details: Tel: 020 8907 0527 (Evenings & Weekends) E-mail: vipulmalde@hotmail.com



Jaymal Gudka has recently completed a Masters in Engineering and is now based in Bristol working as a Software Engineer. He has grown up seeing the developments taking shape in India and BEHT from the very beginning with annual visits and is familiar with the day-to-day running of the charity. He looks after media and communications. Contact details: Tel: 07904 438176 Email: jaymalgudka@gmail.com



Meena Modi OBE has a record of successful teaching and headships in English primary schools since 1974. She was recognised for her contribution to education, leading an outstanding school in Watford with an OBE in June 2011. Meena, along with her husband, Kirit, is committed to improving the life chances of all children. They have actively supported BEHT since its inception and continue to shape the direction of education across BEHT's schools. Contact details: Tel: 020 8952 1131 E-mail: meenamodi@hotmail.com



Jyoti Gudka is a Complementary Therapist in the field of Yoga & Holistic Massage since 1995. She has a BTEC diploma in Organics & Sustainability in Horticulture and Garden Design. Jyoti has taken a keen interest in BEHT's work since its birth. She takes a lead in organising fundraising and awareness events for BEHT and regularly visits all BEHT's projects in Gujarat to keep well in touch with its continued progress. Contact details: Mobile: +44 7939 904 414 E-mail: info@jyotigudka.co.uk

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BEHT a registered charity since 1998
with registration number 1072109



This newsletter is printed on
environmentally friendly paper





How you can help...

BEHT

There are many ways of donating towards good causes through BEHT



1) Capital cost towards Education or Health projects

- To donate towards a school or a college contact info@beht.org for further information.
- To donate towards equipment or machines for the hospital, contact info@beht.org for current requirements.



2) Sponsor a student

- A donation of £ 501 annually will educate and board 1 child. BEHT has approx. 8,000 children receiving education at its 5 centres, namely Chaparda, Adhoi, Junagadh, Dwarka and Savarkundla. Of these, about 400 children are sponsored by overseas donors. These are either orphans or children from a very poor background who cannot afford to pay any fees.
- To sponsor 1 street child to educate in our Savarkundla schools is £ 50 per year.



3) Sponsor a village school as part of our Anand Dhara Project

- A donation of £ 750 will help to provide materials, equipment and teaching support to one village school per year. There are 41 village schools and 54 nursery schools in our project all situated in Visavadar Taluka.



4) Feed the animals in the dairy farm

- A donation of £ 400 will help to feed about 320 cows for a day in the dairy farm, which produces milk for the children, elderly and staff at Chaparda and Adhoi schools.



5) Sponsor the treatment of patients in our hospital

- A donation of £ 100 will help to treat 20 patients.
- A donation of £ 500 will help to treat 100 patients. Typically, it costs £ 5 to treat one patient. Diagnosis and treatments are carried out free of charge and the patient only pays for the medicine.



6) Sponsor an elderly person

- A donation of £ 480 annually will help to provide boarding, food, clothes, medicine and other expenses for an elderly person for a year. These elderly people come mainly from small villages and are either living alone or have been cast out from their family with nowhere to go. The majority of them live here in dignity until they die. BEHT has about 100 such elders in residence at Chaparda.



7) To feed the children and elders

- A donation of £ 50 will provide milk to 600 street children per day in our Savarkundla schools.
- For a special day like anniversary, birthday, engagement, marriage, a religious occasion or in a memory of a departed loved one (tithi), a donation of £ 500 will provide one full meal to about 1,250 children, elders and staff at our Brahmanand Vidya Mandir School in Chaparda.



8) Volunteer your skills - especially if you have teaching or medical skills.

- We recommend that you volunteer for at least a month or more. If interested, please contact any of the trustees or email info@beht.org

8,000 children under BEHT Educational Programme

5 Educational centres in Gujarat

200,000 patients seen annually for free in our Health Programme

For every £1.00 donated, £0.998 goes towards the cause

Annual Receipts and donations since 1998

Year	Donations Received	Amount spent on projects
1998/99	£12,421	£9,560
1999/00	£26,516	£11,584
2000/01	£38,912	£34,646
2001/02	£120,528	£108,838
2002/03	£133,260	£122,525
2003/04	£61,930	£86,996
2004/05	£104,515	£81,086
2005/06	£150,785	£131,788
2006/07	£197,597	£111,525
2007/08	£263,731	£269,600
2008/09	£177,881	£216,791
2009/10	£334,158	£333,283
2010/11	£438,768	£412,300
2011/12	£202,878	£203,058
2012/13	£160,156	£112,881
2013/14	£66,594	£146,580
2014/15	£144,589	£102,873
2015/16	£178,993	£202,372
2016/17	£207,316	£197,693
2017/18	£211,626	£250,891
2018/19	£183,530	£145,463
2019/20	£244,016	£288,451
2020/21	£148,597	£152,750
2021/22	£203,623	£154,358
Total	£4,072,920	£3,852,892

Donation / Standing Order form



**Bhagvatinandji
Education and Health Trust**

Registration No. 1072109

Correspondence Address:
25 Park View, Hatch End,
Middlesex HA5 4LL, UK

Tel: 020 8428 7287

E-mail: info@beht.org

www.beht.org

Name: _____

Address: _____

_____ Post code: _____

Tel: _____

E-mail: _____

Donation Form

I wish to donate a gift of £ _____

(if you pay tax, your gift could be worth an extra 25% to BEHT by completing the gift aid declaration below)

I wish my donation to go towards:

- Education Projects Health Projects Elderly Welfare Projects Wherever necessary Other Projects

I wish to donate by (please tick):

- Cheque or CAF Voucher made payable to BEHT and post it with this form
 Cash – payable in person to the above address with this form
 Standing Order – please fill in this form and post to above address
 Direct bank transfer by BACS (BEHT bank details are: Acc No. 00005764, Sort code 40-52-40)

Standing Order Form

Donating by Standing Order is the easiest way to make gifts to BEHT. As well as relieving you of the chore of completing donation slips etc and reducing our costs, it gives us a regular, reliable source of income. And, in addition, if you are a tax payer, any donation you make will be worth more to us if you complete the gift aid form below.

Please pay £ _____ to BEHT each year / quarter / month (delete as appropriate) until further notice.

Starting date _____ (Please allow at least one month from today's date)

To the Manager (bank name): _____

Address: _____

Account No.: _____ **Sort Code:** _____

My signature: _____ **Date:** _____

Please pay BEHT, Account No.: 00005764, Sort Code: 40 – 52 – 40

Bank: CAF Bank

Bank to quote our reference _____

Gift Aid Declaration:

For every pound you give, we get an extra 25 pence from HM Revenue and Customs.

I declare all donations I've made to BEHT for the four years prior to this year, and all donations I make from the date of this declaration until I notify you otherwise, are Gift Aid donations.

I confirm I have paid or will pay an amount of Income Tax and / or Capital Gains Tax for each year (6th April to 5th April) that is at least equal to the amount of tax that all the charities that I donate to will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify.

Signature: _____ Date: _____

Please notify BEHT if you want to cancel this declaration, change your name or home address or no longer pay sufficient tax on your income and / or capital gains.

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self assessment tax return or ask HM Revenue and Customs to adjust your tax code.