



Newsletter

Issue No. 21 2025

Welcome back!

A lot has happened over the last two years since our previous newsletter - we apologise for not keeping you updated!

The reason for the break is due to two of our trustees having serious health issues. Ajay had a heart attack whilst swimming in December 2023. Fortunately, he was spotted just in time by a fellow swimmer and was operated on immediately at Harefield hospital. He recovered sufficiently from that to undergo an open-heart bypass surgery last May. Our education trustee, Meena, also had an open-heart bypass surgery last year.

Now, over a year on from both surgeries, we are pleased to say Ajay and Meena are recovering well and in good health. Going forwards, we hope to hold an event annually and keep you updated regularly.

Education

Our core belief remains that education is the key to development.

The main purpose of setting up BEHT was to help educate under-privileged children in the rural parts of Gujarat. In 25 years, we have established schools in Chaparda, Adhoi, Savarkundla and Junagadh and multiple undergraduate and postgraduate colleges in Chaparda. Thousands of children have benefitted from getting a well-rounded education and have successfully entered the job market.



Science lab

Here are some recent developments across our education centres:

- Schools in Chaparda, Junagadh & Adhoi have been made Community Science centres with the help of a charity called We Are All Humans (WAAH), which is a visionary initiative established by Shri Praful Amin. His goal is to make science accessible to everyone, especially in areas where opportunities are scarce. WAAH is dedicated to nurturing talent, dismantling barriers, and cultivating a community where scientific excellence can flourish. WAAH does this work by establishing Community Science Centres (CSCs) in rural areas of Gujarat. These centres are designed for grades 6 to 12 and provide an engaging learning environment with a range of teaching resources including models, interactive exhibits, and modern gadgets. Each centre costs around £6000 to set up.

- In Chaparda, Brahmanand Vidya Mandir is a District level sports school (DLSS) with six main sports of athletics, wrestling, rifle shooting, archery, netball and volleyball. Along with the demand from the Sainik (Army) school, various other sporting facilities are being developed. There is a new rifle shooting range, indoor sports facility, swimming pool and an all-weather sports ground under construction.

- A new boarding house for students of the nursing college is under construction due to an increasing demand for places on this course.

Health Update



Dialysis

- Our hospital is treating 350 to 400 patients daily and every week, a medical camp is held in a different village in this region where 500 to 1000 patients are checked. If any abnormality is found, they are referred to our hospital for further check-up and treatment.

- A new dialysis clinic started in 2023 with 14 patients. Currently, it is running at its maximum capacity of 30 patients with 5 machines.

The treatment is typically performed 3 times a week,

with each session lasting around 3 to 5 hours.

- In January this year, an acupuncture camp was held for 3 weeks by the UK-run World Medicine Charitable Trust. They went on to treat 704 patients, giving 2104 actual treatments. They know from verbal feedback during clinics that the acupuncture camp was very well received. They believe that the effect of acupuncture is cumulative so each year they advise patients to return for at least a further three treatments. This forms the basis of their treatment strategy and allows them to determine the overall success of the camp. This year the return rate was high at 64%, and 451 patients had 3 or more treatments.

Animal Welfare



Animal Sanctuary

- An animal hospital has been set up and is treating 700 to 900 animals monthly, which is a great relief not only to the animals but also the farmers in this region. The hospital is able to offer this service free of charge thanks to the support of generous donors.

- New animal sanctuaries (Panjrapors) have started in Bilkha & Mewasa (both within 10 miles from Chaparda). Sick and abandoned cows are sheltered, treated and looked after by our team.

Thank you for your continued support

Inspiration behind BEHT

The inspiration behind BEHT is Pujya Muktanandji, fondly known as Bapu, who lives in Chaparda. Through deep meditation, Pujya Muktanandji has come to his own conclusion that there are two main purposes in life:

1. **'Swaha ma lin rehewu'** - be aware of your real self all the time, understand who you are and learn to be truly free (Mukti).
2. **'Jiv Shruti ne faida thai teva karya karva ane karava, nirmal, sahaj ane shakshi bhawe'** - our purpose in life should be to purely, naturally and selflessly undertake work to benefit all life forms and encourage others to do the same.



Ease the pain of the down-trodden,

પીડિતોને રાહત આપો

Help those who have fallen down,

પડેલાને ઊભા કરો

Help those who are standing to move forward,

ઊભેલાને ગતિ આપો;

Help those who are moving forward to seek the right direction.

ગતિવાનને સાચી દિશા આપો

Our Objectives:

- 1 **To provide education**
- 2 **To provide relief to the poor, the handicapped, the disabled, the sick and the elderly.**
- 3 **To provide relief to victims of disaster**

(*All within the area of benefit of India.)



About the Trustees:



Ajay Gudka MBE initiated this charity after having met and spent time with Pujya Muktanandji in 1995. He is passionate about helping the disadvantaged and works tirelessly towards this end. He is also a trustee of Bhagvatinandji Education Trust (BET), Health Aid Trust (HAT), Help the Elderly Trust (HTET), all in India.
Contact details: Tel: 020 8428 7287 (evenings),
E-mail: ajay@beht.org



Jaymal Gudka is based in London and works as a Software Engineer. He has grown up seeing the developments taking shape in India and BEHT from the very beginning. He visits the projects regularly and is familiar with the day-to-day running of the charity. He looks after media and communications.
Contact details: Tel: 07904 438176 Email: jaymalgudka@gmail.com



Meena Modi OBE has a record of successful teaching and headships in English primary schools since 1974. She was recognised for her contribution to education, leading an outstanding school in Watford with an OBE in June 2011. Meena, along with her husband, Kirit, is committed to improving the life chances of all children. They have actively supported BEHT since its inception and continue to shape the direction of education across BEHT's schools.
Contact details: Tel: 020 8952 1131
E-mail: meenamodi@hotmail.com



Jyoti Gudka is a Complementary Therapist in the field of Yoga & Holistic Massage since 1995. She has a BTEC diploma in Organics & Sustainability in Horticulture and Garden Design. Jyoti has taken a keen interest in BEHT's work since its birth. She takes a lead in organising fundraising and awareness events for BEHT and regularly visits all BEHT's projects in Gujarat to keep well in touch with its continued progress.
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BEHT a registered charity since 1998
with registration number 1072109



This newsletter is printed on
environmentally friendly paper



BEHT Achievements Since 1998

Oct. 1998
BEHT officially registered with No. 1072109

	Cyclone disaster in Western Gujarat - relief aid given	June 1999	1st swimathon held in aid of an ambulance unit. Over £ 17,000 raised	
	Foundation laid for an Education project in Chaparda, Junagadh	Dec 1999	An ambulance unit bought and put into operation in Visavadar Taluka	
	The Gujarat Earthquake - relief aid given	Jan 2001	2nd Swimathon held in aid of Education for Gujarat Earthquake victims. About £20,000 raised	
	Opening of school + boarding house for 390 boys in Chaparda, Junagadh	June 2001	Opening of veterinary clinic for animal welfare in Chaparda, Junagadh	
	Foundation laid for Education project in Adhoi, Kutchh	Nov 2001	Foundation laid for a primary school project in Chaparda, Junagadh	
	Opening of doctor's surgery in Chaparda, Junagadh	April 2002	Opening of school in Adhoi for 500 children	
	Opening of school library in Chaparda, Junagadh	June 2002	Opening of new Primary school in Chaparda for 600 children	
	Opening of Old people's home for 120 Elderly persons in Chaparda	Feb 2003	Dairy Farms started in Adhoi & Chaparda	
	3rd Swimathon held in aid of Education Projects. £18,000 raised	Sept 2003	Sports fields development started at Chaparda School, Junagadh	
	Opening of a medical centre in Adhoi, Kutchh	April 2004	Sports fields development started at Adhoi School, Kutchh	
	1st BEHT's Charity Walk. 8km along River Thames. Just over £48,000 raised for Education Projects	July 2004	2nd BEHT's Charity Walk. 8km along River Thames. £25,000 raised for Education Projects	
	Girls boarding house Project started in Junagadh	July 2005	School for the Blind, Deaf & Dumb Project started	

BEHT Achievements Since 1998

	Dining Hall & Kitchen project started in Chaparda	Aug 2005	Integrated Farming Project Initiated	
		Jan 2006		
	1st Music Concert held at Winston Churchill Hall Mehboob Nadeem & Sushma Zaveri	March 2006	4th Swimathon held in aid of Education Projects. About £13,082 raised	
		July 2006		
	Construction of biogas plant at Chaparda	Oct 2006	Dining Hall Project completed	
		Nov 2006		
	Production of bio fertilizer started	Dec 2006	Girls boarding house project in Junagadh completed	
		Jan 2007		
	Residential School for the Deaf & Blind completed in Chaparda	Jan 2007	First batch of vegetables produced for schools use	
		Jan 2007		
	Assembly Hall Project started in Chaparda	Feb 2007	2nd Music Concert held at Radlett Centre, Radlett. Shri Gurdev & Navinder Singh Namdhari	
		May 2007		
	Girls boarding house project in Junagadh completed and started with 320 girls	June 2007	Landscaping of school in Chaparda completed	
		June 2007		
	BEHT's 3rd Charity walk. Chess Valley 10Km. £20,000 raised for Education Projects.	July 2007	Foundation laid for Computer college in Chaparda	
		July 2008		
	172 bed Hospital Foundation laid in Chaparda	July 2008	Foundation laid for Management college in Chaparda.	
		Aug 2008		
	Cricket ground + sports field development project started in Chaparda	Oct 2008	Assembly Hall officially opened	
		Feb 2009		
	Computer college project completed and started with 60 students	June 2009	Management college project completed and started with 60 students	
		June 2009		
	BEHT's 4th Charity walk. Chess Valley 10Km. £17,250 raised.	July 2009	Another Home for the Elderly persons started	
		July 2009		

BEHT Achievements Since 1998

	Nividya Trust, Savarkundla partner with BET in India. About 500 slum children taught in 5 schools.	June 2010	Bakery Project Started	
	Second Girls Boarding House Started in Chaparda	Dec 2010		
		Jan 2011	Chief Minister of Gujarat, Narendra Modi visits Chaparda for the 10 Years Celebration	
		April 2011		
	BEHT's 1st Overseas Challenge- Climed Mt Kilimanjaro About £95,000 raised.	Aug 2011	Bakery Project Completed	
		Oct 2011		
	Hospital Project completed and put into operation	April 2012	New Gaushala for 300 Cows opened	
		April 2012		
	BEHT's 2nd Overseas Challenge- Climed Mt Kilimanjaro About £32,000 raised.	August 2012	Second girls boarding house Project completed in Chaparda	
		May 2013		
	English Medium School completed in Chaparda	June 2013	For rainwater harvesting, all of the rivers around Chaparda dredged to store water	
		June 2013		
	Anand Dhara Project started. Aim to build schools in 32 villages	Jan 2014	New turf Cricket pitch laid in the school grounds, Chaparda	
		June 2014		
	BEHT's 3rd overseas challenge Mt. Kilimanjaro. About £ 4000 raised	August 2014	Building of new school for 300 street children in Savarkundla started	
		Nov 2014		
	Aasha & Sunil run for BEHT in the London Marathon & raise £7000	April 2015	Nepal Earthquake Appeal raises approx. £ 75,670	
		May 2015		
	BEHT's 5th Charity Walk River Thames Windsor £13,087 raised	June 2015	New Nursing College completed & started in Chaparda	
		June 2015		
	- Brahmanand Vidya Mandir is awarded status of District Level Sports school	June 2015	School for 300 street children in Savarkundla completed	
		July 2015		
	New Science College completed & started in Chaparda	May 2016	11 new village schools in Kashia Ness in Gir Forest built under Anand Dhara program	
		June 2016		

BEHT Achievements Since 1998

	BEHT's 6th Charity Walk River Thames, Windsor £ 8,844 raised	June 2016	Anganwadis (Nursery Schools) added to all village schools in the Anand Dhara Programme	
	BEHT's 7th Charity Walk Chess Valley, Chorleywood raised £ 22,867	Sept 2017	New village school built in Kashia Ness in Gir Forest under Anand Dhara program	
	250 acre bird sanctuary started near Mehndarda	June 2019	New village school built in Laskar Shobhag Vadla under Anand Dhara program	
	New village school built in Khambhaliya under Anand Dhara program	May 2020	Assembly halls built in 9 village schools under Anand Dhara program	
	Covid ward started in Jay Ambe Hospital saving many lives	March 2021	Oxygen manufacturing plant installed Jay Ambe Hospital	
	Hanumanpara School , Visavadar completed	June 2021	Dialysis centre started with 5 machines in Jay Ambe Hospital	
	Animal Sanctuary (Panjrapor) started in Roweni	June 2022	CT scanner installed in Jay Ambe Hospital installed	
	Mentally challenged school started in Chaparda	Sept 2022	New Sainik (Army) School started	
	Anand Dhara Gir Sanctuary schools project - 25 schools built / renovated	Dec 2022	Skills development college started with Nursing assistants & Hotel Management courses	
	Resort Rio, Goa - First company partnership for Corporate social responsibility work (CSR)	Feb 2023	Animal Hospital built & started in Chaparda	
	4 Multi speciality theatres started in Jay Ambe Hospital	March 2023	100 children from Gir to be educated free in Chaparda annually	
	Solar panels fitted in most buildings to save electricity bills	Aug 2023	New Sainik (Army) School building completed	
	Mentally Challenged school Dining Hall construction completed	Jan 2024	Animal Sanctuary (Panjrapor) started in Bilkha	
		Mar 2025		



How you can help...

There are many ways of donating towards good causes through BEHT



1) Capital cost towards Education or Health projects

- To donate towards a school or a college contact info@beht.org for further information.
- To donate towards equipment or machines for the hospital, contact info@beht.org for current requirements.



2) Sponsor a student

- A donation of £ 601 annually will educate and board 1 child. BEHT has approx. 4,650 children receiving education at its 4 centres, namely Chaparda, Adhoi, Junagadh and Savarkundla. Of these, about 400 children are sponsored by overseas donors. These are either orphans or children from a very poor background who cannot afford to pay any fees.
- To sponsor 1 street child to educate in our Savarkundla schools is £ 60 per year.



3) Sponsor a village school as part of our Anand Dhara Project

- A donation of £ 750 will help to provide materials, equipment and teaching support to one village school per year. There are 41 village schools and 54 nursery schools in our project all situated in Visavadar Taluka.



4) Feed the animals in the dairy farm

- A donation of £ 400 will help to feed about 320 cows for a day in the dairy farm, which produces milk for the children, elderly and staff at Chaparda and Adhoi schools.



5) Sponsor the treatment of patients in our hospital

- A donation of £ 100 will help to treat 20 patients.
- A donation of £ 500 will help to treat 100 patients. Typically, it costs £ 5 to treat one patient. Diagnosis and treatments are carried out free of charge and the patient only pays for the medicine.



6) Sponsor an elderly person

- A donation of £ 600 annually will help to provide boarding, food, clothes, medicine and other expenses for an elderly person for a year. These elderly people come mainly from small villages and are either living alone or have been cast out from their family with nowhere to go. The majority of them live here in dignity until they die. BEHT has about 100 such elders in residence at Chaparda.



7) To feed the children and elders

- A donation of £60 will provide milk to 600 street children per day in our Savarkundla schools.
- For a special day like anniversary, birthday, engagement, marriage, a religious occasion or in a memory of a departed loved one (tithi), a donation of £ 500 will provide one full meal to about 1,250 children, elders and staff at our Brahmanand Vidya Mandir School in Chaparda.

4,650 children under BEHT Educational Programme

4 Educational centres in Gujarat

200,000 patients seen annually for free in our Health Programme

For every £1.00 donated, £0.998 goes towards the cause

Annual Receipts and donations since 1998

Year	Donations Received	Amount spent on projects
1998/99	£12,421	£9,560
1999/00	£26,516	£11,584
2000/01	£38,912	£34,646
2001/02	£120,528	£108,838
2002/03	£133,260	£122,525
2003/04	£61,930	£86,996
2004/05	£104,515	£81,086
2005/06	£150,785	£131,788
2006/07	£197,597	£111,525
2007/08	£263,731	£269,600
2008/09	£177,881	£216,791
2009/10	£334,158	£333,283
2010/11	£438,768	£412,300
2011/12	£202,878	£203,058
2012/13	£160,156	£112,881
2013/14	£66,594	£146,580
2014/15	£144,589	£102,873
2015/16	£178,993	£202,372
2016/17	£207,316	£197,693
2017/18	£211,626	£250,891
2018/19	£183,530	£145,463
2019/20	£244,016	£288,451
2020/21	£148,597	£152,750
2021/22	£203,623	£154,358
2022/23	£139,940	£159,750
2023/24	£104,766	£86,050
2024/25	£147,691	£2,940
Total	£4,465,247	£4,101,632

Donation / Standing Order form



**Bhagvatinandji
Education and Health Trust**

Registration No. 1072109

Correspondence Address:
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Middlesex HA5 4LL, UK

Tel: 020 8428 7287

E-mail: info@beht.org

www.beht.org

Name: _____

Address: _____

_____ Post code: _____

Tel: _____

E-mail: _____

Donation Form

I wish to donate a gift of £ _____

(if you pay tax, your gift could be worth an extra 25% to BEHT by completing the gift aid declaration below)

I wish my donation to go towards:

☐ Education Projects ☐ Health Projects ☐ Elderly Welfare Projects ☐ Wherever necessary ☐ Other Projects

I wish to donate by (please tick):

- ☐ Cheque or CAF Voucher made payable to BEHT and post it with this form
☐ Cash – payable in person to the above address with this form
☐ Standing Order – please fill in this form and post to above address
☐ Direct bank transfer by BACS (BEHT bank details are: Acc No. 00005764, Sort code 40-52-40)

Standing Order Form

Donating by Standing Order is the easiest way to make gifts to BEHT. As well as relieving you of the chore of completing donation slips etc and reducing our costs, it gives us a regular, reliable source of income. And, in addition, if you are a tax payer, any donation you make will be worth more to us if you complete the gift aid form below.

Please pay £ _____ to BEHT each year / quarter / month (delete as appropriate) until further notice.

Starting date _____ (Please allow at least one month from today's date)

To the Manager (bank name): _____

Address: _____

Account No.: _____ **Sort Code:** _____

My signature: _____ **Date:** _____

Please pay BEHT, Account No.: 00005764, Sort Code: 40 – 52 – 40

Bank: CAF Bank

Bank to quote our reference _____

Gift Aid Declaration:

For every pound you give, we get an extra 25 pence from HM Revenue and Customs.

I declare all donations I've made to BEHT for the four years prior to this year, and all donations I make from the date of this declaration until I notify you otherwise, are Gift Aid donations.

I confirm I have paid or will pay an amount of Income Tax and / or Capital Gains Tax for each year (6th April to 5th April) that is at least equal to the amount of tax that all the charities that I donate to will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify.

Signature: _____ Date: _____

Please notify BEHT if you want to cancel this declaration, change your name or home address or no longer pay sufficient tax on your income and / or capital gains.

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self assessment tax return or ask HM Revenue and Customs to adjust your tax code.